



MEMORIAL TROPHY 2018 Memorial Figure Skating Club of Houston May 18 – 20, 2018

Memorial Trophy 2018 will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL:

Test level:

Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age restrictions/requirements:

Skaters entering <u>Juvenile</u> free skate events (Well Balanced Program) must be under 13 years of age at the close of entries.

Skaters entering <u>Open Juvenile</u> free skate events (Well Balanced Program) must be at least 13 years of age at the close of entries.

Skaters entering Beginner-Pre-Juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES:

Registrations will be processed using EntryEeze Online registration. To access EntryEeze, please visit www.memorialfsch.org. No paper entries will be accepted. Online registration ends at 11:59 pm CST on April 9th, 2018. Late entries may be accepted at the discretion of the competition committee and chief referee, but must include a late fee of \$25. The competition committee



reserves the right to limit entries to any event or to cancel an event based upon time restrictions.

NOTE (Skaters/Parents/Coaches): There will be a **\$25.00 change fee** assessed for each change to an event or level after the closing date of entries.

There wilbe NO Combined events; Short Program and Free Skate will be considered separate events. Scores will not be combined.

Skaters may compete in <u>ONE</u> Free Skate event.

Skaters may compete in <u>TWO</u> Short Program events but <u>not</u> at the same level.

Event Type	Comments	Fee
First IJS Event	Singles: SHORT- Juvenile, Open Juvenile, Intermediate - Senior; FREE SKATE - Pre- Juvenile, Juvenile, Open Juvenile, Intermediate - Senior Adults: Singles - Gold, Masters, Intermediate - Senior; Pairs - Pre Gold, Gold, Masters; Dance - Masters Open Pairs: FREE SKATE - Juvenile - Senior	\$125 or \$65/skater (Pairs)
Additional IJS Event	Dance: Pre-Gold, Gold	\$75 or \$40/skater (pairs)
First 6.0 Event	Singles: Beginner, High Beginner, No test - Preliminary, Test Track; Adults: Singles - Pre-Bronze - Silver; Pairs - Pre-Bronze - Silver, Centennial; Dance - Pre-Bronze - Silver, Centennial Dance: Solo Dance, Pro-Am Showcase: All levels Pairs: Pre-Juvenile	\$95 or \$50/skater (pairs)
Additional 6.0 Event / Compulso		\$60 or \$30/skater (pairs)
Theater On Ice Exhibition (with C	Critique if available)	\$100/team
Critique (Juvenile - Senior)		\$35 \$15
	Practice Ice (On or before registration deadline)	
, ,	Practice Ice (Walk On)	
Premium/midday practice ice (\$20
Late Fee (registration, PPC, musi		\$25
Change to event or level after re	egistration deadline	\$25

<u>REFUND POLICY:</u> Entry fees will not be refunded after **April 9th**, **2018** unless no competition exists or the event is canceled. **There will be no refunds for medical withdrawals.** The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card



charges will be issued **a \$25 fee**. Payment of the fee will be required before the skater is allowed to participate in practice ice or events.

At nonqualifying competitions, if only one eligible competitor enters an event, the entry fee will be refunded, and the event will be cancelled.

If more than one competitor/team enters but, due to withdrawals, only one competitor/team appears at a singles, pairs, dance or synchronized skating event, the referee will offer the competitor/team the option to skate. If the competitor/team chooses to skate, judges will award their marks according to the rules and the applicable scoring system used, and the competitor/team will receive first place. If the competitor/team chooses not to skate, the entry fee will be refunded.

<u>FACILITIES</u>: The competition will be held at Ice Skate USA, 303 Memorial City Way, Suite 902, Houston, TX 77024. The ice surface is 200' X 85' with rounded corners. Ice Skate USA is located within the Memorial City Mall.

MUSIC:

Competitors must provide music for all events, as appropriate.

Competition music for all events that require music must be submitted electronically via the online registration system, EntryEeze, by the music deadline of **May 7th, 2018 at 11:59 pm CST**.

After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can logout of your account and return later to upload your music by going to the "competition" tab and then selecting "my music". Your music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

Music Criteria:

- File Format: MP3 (the online system will automatically check this)
- Bit Rate: 192 kbps or higher (this will be checked by the music chairperson and they may request you upload a corrected file)
- Sample Rate: 44,100 kHz (this will be checked by the music chairperson and they may request you upload a corrected file)
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitor's practice ice CDs are to be turned in to the Ice Monitor just prior to the competitor's practice.

Music Do's and Don'ts

- Have a separate CD for practice and competition, and for each competitive program.
- A duplicate CD should be readily available at event time.
- Single track CDs only. No CD-RWs.
- CDs must be clearly marked with competitor's name, event, and running time of music.

Music may be picked up at the registration table following each event. Every reasonable care will be taken, but Memorial Figure Skating Club cannot be responsible for CDs left at the end of the competition.



PENALTY FOR FAILURE TO UPLOAD MUSIC: The LOC may assess each competitor an additional charge of \$25 per event if the competitor fails to submit their music prior to the close of online music submission. Competitors may NOT receive their credentials at registration until they pay the \$25 per event charge and turn in their music on CD, conforming to the requirements above.

<u>LIABILITY:</u> U.S. Figure Skating, Memorial Figure Skating of Houston and Ice Skate USA accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The International Judging System (IJS) will be used for the following events:

- Well Balanced Program Free Skate events: pre-juvenile, juvenile, open juvenile, intermediate senior, adult gold, adult masters
- Short program events: juvenile, open juvenile, intermediate senior
- Pairs free skate events: juvenile senior, adult gold, adult masters
- Couples dance events: pre-gold gold, adult pre-gold, adult gold, adult masters open

All competitors skating in these events need to submit the Planned Program Content form (PPC) online. This form is found in the Members Only section at www.usfsa.org
The deadline to submit the form is **May 7th**, **2018 at 11:59 pm CST**.

The 6.0 Majority Judging System will be used for:

- **Well Balanced Program free skate events:** beginner, high beginner, no test, pre-preliminary, preliminary, adult pre-bronze adult silver
- Pairs free skate event: pre-juvenile, adult pre-bronze silver, adult centennial
- Dance events: pre-juvenile, solo dance, pro-am, adult pre-bronze silver, adult centennial
- Test Track events: all levelsCompulsory moves: all levels
- Jumps: all levelsSpins: all levels
- Showcase events: all levels

<u>REGISTRATION:</u> Registration will begin on **May 18th**, **2017**. Registration will be open 1-2 hours before the first event and run through the last event of the day. The registration table will be located at the entrance to Ice Skate USA. Please register promptly upon arrival.

PRACTICE ICE:

Practice Ice – 20 min	On or before April 9th:	At Registration: \$18.00	
(2 per skater per event*)	\$15.00	(if space is available)	
Premium/Midday Practice	At registration:	Offered each competition day;	
Ice – 20 min	\$20.00	Limited to 24 skaters.	

Practice Ice selection will begin on May 7th, 2018. Practice Ice will be sold through EntryEeze. Practice ice will continue to be sold online until sessions are full or on May 14th, 2018 at 11:59pm CST, whichever comes first.

*Practice Ice is offered for all Free Skate (Well-Balanced and Test Track), Short Program, Compulsory Moves, Dance, Pairs and Showcase events. Maximum of 2 Practice Ice sessions may be requested per skater per event.



Practice Ice will be 20 min in length and music will be played via a random draw. Not all skaters' music will be played. Props are NOT allowed on practice ice sessions.

Premium/Midday Practice Ice will be 20 min in length and available for purchase at registration. Each session will be limited to 24 skaters. No music will be played.

Practice sessions will be organized according to level, whenever possible, and limited to 24 skaters. We reserve the right to cancel or change any practice session that has fewer than 5 skaters. All practice ice will be selected by skater. **Practice ice sessions are not refundable after the registration deadline of April 9th, 2018.**

PHOTOGRAPHY/VIDEOGRAPHY:

Action photography and videography will be provided by Kevin Devine.

Personal cameras will be permitted in the bleachers only and may not be plugged into the rink outlets. No flash photography during the warm ups or events. The LOC reserves the right to restrict personal video recording to your skater's events only. Video recording for personal profit is not allowed.

Skaters are encouraged to participate in all group award photographs and award presentations in skating costumes and skates.

AWARDS:

Medals will be awarded to first 4 places in all events. In the case that final rounds are held, trophies will be awarded to first 3 places at pre-preliminary, preliminary, juvenile, intermediate, novice, junior and senior levels.

All awards will be presented off-ice at the photographer's stand fifteen minutes after each event. Skaters are encouraged to participate in all group award photographs and award presentations in skating costumes and skates.

OFFICIAL NOTICES:

An official bulletin board will be maintained at Ice Skate USA. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Registration:

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.



For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing a Learn to Skate USA Program must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor and completed the Learn to Skate USA instructor certification or U.S. Figure Skating Coach Compliance.

The LOC will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – <u>no exceptions</u>. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://usfsa.org/story?id=84159

CONTACT INFO:

If you have questions, please contact:-

Chieu Foo Local Organizing Committee Chair Memorial Figure Skating Club of Houston Website: www.memorialfsch.org

Website: www.memorialfsch.org Email: memorialfsch@gmail.com

Lori Osborne Chief Referee

Email: OsborneL@msn.com

ADDITIONAL INFORMATION:

Official hotel accommodations: To be announced.



SINGLES FREE SKATING EVENTS

See current rulebook or click <u>here</u> for current rules and requirements.

Illustration of Singles Free Skating Events: **COMPETE USA** Snowplow Sam, Basic 1-6, Hockey 1-4, Pre-Free Skate, Free Skate 1-6, Adult 1-6, and specialty events Skaters may begin or advance to the introductory levels. Learn to Skate USA and/or full U.S. Figure Skating membership is required to participate in introductory levels. Beginner Adult Beginner **INTRODUCTORY LEVELS** High Beginner Adult High Beginner Once skaters have competed at the introductory level, and begin the official U.S. Figure Skating test structure, they can choose to enter the Test Track, Well-Balanced or Adult levels as appropriate for their ability, test level, and age. Test requirements are the same for the Test Track and Well-Balanced levels. It is completely the choice of the athlete which track to follow. **WELL-BALANCED ADULT WELL-BALANCED TEST TRACK LEVELS LEVELS LEVELS** No-Test for young adult, 21 for adult track Pre-Preliminary **Pre-Preliminary** Adult Pre-Bronze Adult Bronze Preliminary **Preliminary** Pre-Juvenile Pre-Juvenile Adult Silver Juvenile Juvenile / Open Juv. Adult Gold Intermediate Intermediate Masters age 18 Intermediate-Novice Novice Novice Minimum **Junior Junior** Masters Junior-Senior Senior Senior

This event is a standard U.S. Figure Skating Nonqualifying Competition LG/7-9-17

INTRODUCTORY FREE SKATE PROGRAM

General event parameters:

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications		
Beginner	Max. 5 jump elements: • Jumps with no more than one-	Max. 2 spins: Two upright spins,	Connecting moves and steps should	Skaters may not have passed tests		
1:40 Maximum	 half rotation (front to back or back to front). Max. 2 jump sequences Max. 2 of any same jump 	(front to back or back no change of foot, no flying entry (Min. 3 revolutions)		nt). flying entry (Min. 3 throu x. 2 jump sequences revolutions) progr		higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner	Max. 5 jump elements:	Max. 2 spins:	Connecting moves	Skaters may not		
1:40 Maximum	 Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump. 	 Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) 	and steps should be demonstrated throughout the program	have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests		

TEST TRACK FREE SKATE PROGRAM - Introductory through Senior level

- Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- The following deductions will be taken:
- 0.1 from each mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element included.
- 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner	Max. 5 jump elements: • Jumps with no more than one-	Maximum of 2 spins: • Two upright spins,	Connecting moves and steps	Skaters may not have passed any
1:40 maximum	 half rotation (front to back or back to front). Max. 2 jump sequences Max. 2 of any same jump 	no change of foot, no flying entry (Min. 3 revolutions)	should be demonstrated throughout the program	U.S. Figure Skating free skate tests



High Doginner	May Fiump alamants:	Maximum of 2 spins		
High Beginner	Max. 5 jump elements:	Maximum of 2 spins:		
	Jumps with no more than one-	Two upright spins,		
1:40 maximum	half rotation (front to back or	change of foot optional, no	Connecting	Skaters may not
	back to front including half-loop)	flying entry (Min. 3	moves and steps	have passed any
	 Single rotation jumps: Salchow 	revolutions)	should be	U.S. Figure
	and toe loop only.		demonstrated	Skating free skate
	Max. 2 jump combinations or		throughout the	tests
	sequences		program	
	Max. 2 of any same type jump.			
Pre-Preliminary	Maximum of 5 jump elements:	Maximum of 2 spins:		
1 Te-1 Tellitilliary	 Jumps with not more than one- 	I		
1.40	•	Two spins of a	Commontina	Chatana maay mat
1:40 maximum	half rotation (front to back or	different nature, one	Connecting	Skaters may not
	back to front including half-loop)	position only. No change of	moves and steps	have passed tests
	• Single rotation jumps: Salchow,	foot, no flying entry. (Min. 3	should be	higher than U.S.
	toe loop and loop only.	revolutions)	demonstrated	Figure Skating
	 Max. 2 jump combinations or 		throughout the	pre-preliminary
	sequences		program	free skate test
	Max. 2 of any same type jump			
Preliminary	Maximum of 5 jump elements:	Maximum of 2 spins:	Connecting	Skaters must have
,	Jumps with not more than one	 One spin in one position; 	moves and steps	passed at least
1:30 +/- 10 sec.	rotation (no Axels).	no change of foot, no flying	should be	the U.S. Figure
1.50 1/ 10 300.	-	entry. (Min. 3 revolutions)	demonstrated	Skating pre-
	Max. 2 jump combinations or		throughout the	= :
	sequences	One spin consisting of a	_	preliminary free
	Max. 2 of any same type jump	front scratch to back	program	skate test but
		scratch; exit on spinning		may not have
		foot not mandatory. (Min. 3		passed tests
		revolutions per foot)		higher than the
				preliminary free
				skate test
Pre-Juvenile	Maximum of 5 jump elements:	Maximum of 2 spins:		Skaters must have
	Jumps with not more than one	One spin in one position,		passed at least
2:00 +/- 10 sec.	rotation (no Axels).	no change of foot (Min. 3	One step	the U.S. Figure
•	Max. 2 jump combinations or	revolutions)	sequence fully	Skating
	sequences	One combination spin:	utilizing ice	preliminary free
	· ·	forward camel spin to	surface	skate test but
	Max. 2 of any same type jump	■	Surface	may not have
		forward sit spin; change of		•
		foot optional (Min. 6		passed tests
		revolutions). Spins may not		higher than pre-
		fly.		juvenile free skate
				test
Juvenile	Maximum of 5 jump elements:	Maximum of 2 spins:		Skaters must have
	 Any single jumps, including 	 One solo spin in one 	One step	passed at least
2:20 +/- 10 sec.	Axel, are permitted.	position, no change of foot	sequence fully	the U.S. Figure
	Max. 2 jump combinations or	(Min. 4 revolutions).	utilizing ice	Skating pre-
	sequences	One combination spin	surface	juvenile free skate
	Max. 2 of any same type jump	with one change of foot and		test but may not
	a c. any same type jump	at least one change of		have passed tests
		position, must include two		higher than
		of the basic spin positions.		juvenile free skate
				test
		(Min. 4 revolutions per foot)		test
		 Only solo spin may fly 		



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Intermediate	Maximum of 6 jump elements:	Maximum of 2 spins:	Oneston	Skaters must have
2.40 . / 10	Any single jumps.	One must be a flying spin	One step	passed at least
2:40 +/- 10 sec.	Double jumps permitted:	(min 5 revolutions),	sequence fully	the U.S. Figure
	double Salchow and double toe	One must be a	utilizing ice	Skating juvenile
	loop.	combination spin with at	surface	free skate test but
	Maximum of 3 jump	least one change of foot and		may not have
	combinations or sequences	at least one change of		passed tests
	 Max. 2 of any same type jump 	position (minimum 4		higher than
		revolutions per foot).		intermediate free
				skate test
Novice	Maximum of 7 jump elements for	Maximum of 3 spins, of a	One step	Skaters must have
	men and 6 for ladies:	different nature:	sequence or spiral	passed at least
Ladies: 3:00 +/- 10	 Any single jumps. 	One must be a	sequence fully	the U.S. Figure
sec.	 Double jumps permitted: 	combination spin with at	utilizing ice	Skating
Men:	double Salchow, double toe loop	least one change of foot and	surface	intermediate free
3:30 +/- 10 sec.	and double loop.	at least one change of		skate test but
	 Maximum of 3 jump 	position (min 5 revs per	(see rule 4104 &	may not have
	combinations or sequences	foot)	4105 for remarks)	passed tests
	 Max. 2 of any same type jump 	 The other spins are the 		higher than
		option of the skater (min 6		novice free skate
		revolutions per foot)		test
		 All spins may fly 		
Junior	Maximum of 8 jump elements for	Maximum of 3 spins of a		
	men and 7 for ladies:	different nature:	One step	Skaters must have
Ladies: 3:30 +/- 10	 Any single jumps. 	 One spin in one position 	sequence fully	passed at least
sec.	 Double jumps permitted: 	(Min. 6 revolutions)	utilizing ice	the U.S. Figure
Men:	double Salchow, double toe loop,	One flying spin (Min. 6	surface	Skating novice
4:00 +/- 10 sec.	double loop and double flip	revolutions)		free skate test but
	Maximum of 3 jump	One combination spin	(See rule 4105 for	may not have
	combinations or sequences	consisting of all three basic	remarks)	passed tests
	Max. 2 of any same type jump	positions and one change of		higher than junior
	, ,, ,, ,	foot (2 per position, min. 5)		free skate test
		revolutions per foot)		
Senior	Maximum of 8 jump elements for	Maximum of 3 spins of a	Men:	Skaters must have
	men and 7 for ladies:	different nature:	Two different step	passed at least
Ladies: 4:00 +/- 10		One spin in one position	sequences, one	the U.S. Figure
sec.	Must include at least four	(Min. 6 revolutions)	being of advanced	Skating junior free
Men:	different double jumps, one must	One flying spin (Min. 6)	difficulty, both fully utilizing the ice	skate test
4:30 +/- 10 sec.	be a double Lutz.	revolutions)	surface.	
	Triple jumps are not permitted	One combination spin	(See rule 4105 for	
	Maximum of 3 jump	consisting of all three basic	remarks)	
	combinations or sequences	spin positions and one	Ladies:	
	Max. 2 of any same type jump	change of foot (2 per	One step sequence	
	and any same type jump	position, min. 5 revolutions	of advanced	
		per foot)	difficulty, covering	
			the full ice surface	
			and one spiral	
			sequence. (See rule 4104 & 4105 for	
			remarks.)	
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WELL BALANCED FREE SKATE PROGRAM 2018-2019 Rules will be followed.

SINGLES SHORT PROGRAM 2018-2019 Rules will be followed.

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Juvenile/Open Juvenile Short program Rule 4230 (same as Intermediate)
- B. Intermediate short program Rule 4230
- C. Novice short program Rule 4220
- D. Junior short program Rule 4210
- E. Senior short program Rule 4200

COMBINED SHORT PROGRAM & WELL BALANCED FREE SKATE EVENTS

There will **NOT** be Combined events; Short Program and Free Skate will be considered separate events. Scores will not be combined.

Skaters may compete in ONE Free Skate event.

Skaters may compete in **TWO** Short Program events but not at the same level.

INITIAL / FINAL ROUND FOR FREE SKATE EVENTS

If entries warrant, final rounds will be held for pre-preliminary, preliminary, pre-juvenile, juvenile, intermediate, novice, junior and senior levels.

Final rounds are based on initial round Free Skate program ONLY.



2018-19 Singles Free Skating Requirements – This chart reflects the current rules in place for the 2018-19 season, which begins July 1, 2018. These rules are subject to change by the U.S. Figure Skating Governing Council (May 5-6, 2018) or the ISU (June 4-8, 2018).



2018-19	JUMP ELEMENTS	SPINS	STEP SEQUENCES
	Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
NO TEST 1:40 maximum *means element is required	 All single jumps allowed except for the single Axel No single Axels, double, triple or quadruple jumps allowed Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequences limited to a maximum of 3 single jumps 	 Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E)) 	Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence
			If IJS is used, then: ChSt
PRE- PRELIMINARY 1:40 maximum *means element is required	Max 5 Jump Elements All single jumps, including the single Axel, allowed No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed Jump sequences limited to a maximum of 3 single jumps	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence If IJS is used, then: ChSt
	Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
PRELIMINARY 1:30 +/- 10 sec *means element is required	 1 must be an Axel-type jump or a waltz jump* All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed Jump sequences limited to a maximum of 3 single or double jumps 	 Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence If IJS is used, then: ChSt
	Max 5 Jump Elements • 1 must be an Axel-type jump*	Max 2 Spins 1 spin combination, with or without change of	Max 1 Sequence Step Sequence
PRE-JUVENILE 2:00 +/- 10 sec *means element is required	 All single and double jumps allowed except for the double Axel No double Axels, triple or quadruple jumps allowed An Axel plus up to 3 different double jumps may be repeated once (but no more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed Jump sequences limited to a maximum of 3 single or double jumps 	foot* Min 6 revs I spin with only 1 position* No change of foot Min 4 revs Both spins may start with a flying entry These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Must fully utilize the ice surface Moves in the field and spiral sequences are allowed but will not be counted as elements Jumps may be included in the step sequence If IJS is used, then: ChSt

2018-19 Singles Free Skating Requirements – This chart reflects the current rules in place for the 2018-19 season, which begins July 1, 2018. These rules are subject to change by the U.S. Figure Skating Governing Council (May 5-6, 2018) or the ISU (June 4-8, 2018).



2018-19	JUMP ELEMENTS	SPINS	STEP SEQUENCES
JUVENILE and OPEN JUVENILE 2:20 +/- 10 sec *means element is required	 Max 5 Jump Elements 1 must be an Axel-type jump* All single and double jumps, including the double Axel, allowed No triple or quadruple jumps allowed No more than 3 different double jumps may be repeated and, if repeated, at least one attempt must be in a jump combination or a jump sequence If both executions (of the double) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump can be included more than twice Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed 	Max 2 Spins 1 spin combination; with or without change of foot* o Min 8 revs o Min 2 revs in each position 1 spin with only 1 position; no change of foot* o Min 5 revs Both spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence One choreographic step sequence* o Must fully utilize the ice surface
INTERMEDIATE 2:40 +/- 10 sec *means element is required	 Number of jumps in jump sequence is not limited Max 6 Jump Elements 1 must be an Axel-type jump* All single, double and triple jumps allowed. No quadruple jumps allowed. No more than 2 different jumps with 2 ½ or 3 revolutions may be repeated If any double or triple jumps, including double Axel, are repeated, at least one attempt must be part of a jump combination or sequence If both executions (of the double or triple) are as solo jumps, the second of these jumps will receive 70% of its original base value No double or triple jump can be included more than twice Max 3 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination is allowed Number of jumps in jump sequence is not limited 	Max 2 Spins 1 spin combination; with or without change of foot*	Max 1 Sequence One leveled step sequence* Max Level 2. Only Minimum Variety (5 turns) & Simple Variety (7 turns) and rotation in each direction covering at least 1/3 of the pattern in each direction will be evaluated for the level. Must fully utilize the ice surface
NOVICE LADIES 3:00 +/- 10 sec *means element is required	 Max 6 Jump Elements 1 must be an Axel-type jump* All single, double and triple jumps are allowed. No quadruple jumps allowed. No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least 1 attempt must be as part of a jump combination or sequence. If both executions (of the double Axel or same triple) are as solo jumps, the second of these jumps will receive 70% of its original base value There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice Max 3 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination is allowed Number of jumps in jump sequence is not limited 	Max 3 Spins 1 spin combination; with or without change of foot* Min 10 revs Min 2 revs in each position 1 flying spin with no change of foot or position* Min 6 revs 3rd spin is option of skater All spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence One leveled step sequence* Must fully utilize the ice surface
NOVICE MEN 3:30 +/- 10 sec *means element is required	 Max 7 Jump Elements 1 must be an Axel-type jump* All single, double and triple jumps are allowed. No quadruple jumps allowed. No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least one attempt must be part of a jump combination or sequence. If both executions (of the double Axel or same triple) are as solo jumps, the second of these jumps will receive 70% of its original base value There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice Max 3 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination is allowed Number of jumps in jump sequence is not limited 	Max 3 Spins 1 spin combination; with or without change of foot* Min 10 revs Min 2 revs in each position 1 flying spin with no change of foot or position* Min 6 revs 3rd spin is option of skater All spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence One leveled step sequence* Must fully utilize the ice surface

2018-19 Singles Free Skating Requirements – This chart reflects the current rules in place for the 2018-19 season, which begins July 1, 2018. These rules are subject to change by the U.S. Figure Skating Governing Council (May 5-6, 2018) or the ISU (June 4-8, 2018).



2018-19	JUMP ELEMENTS	SPINS	STEP SEQUENCES
JUNIOR LADIES 3:30 +/- 10 sec *means element is required	 Max 7 Jump Elements 1 must be an Axel-type jump* Jumps can contain any number of revolutions Of all the triples or quads, only 2 can be executed twice If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence Max 3 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination is allowed Number of jumps in a sequence is not limited 	Max 3 Spins 1 spin combination; with or without change of foot* Min 10 revs All 3 basic positions with min 2 revs in each position for highest base value 1 spin with a flying entry* Min 6 revs 1 spin with only 1 position* Min 6 revs All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence One leveled step sequence* Must fully utilize the ice surface
JUNIOR MEN 3:30 +/- 10 sec *means element is required	 Max 7 Jump Elements 1 must be an Axel-type jump* Jumps can contain any number of revolutions Of all the triples or quads, only 2 can be executed twice If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence Max 3 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination is allowed Number of jumps in a sequence is not limited 	Max 3 Spins 1 spin combination; with or without change of foot* Min 10 revs All 3 basic positions with min 2 revs in each position for highest base value 1 spin with a flying entry* Min 6 revs 1 spin with only 1 position* Min 6 revs All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence One leveled step sequence* Must fully utilize the ice surface
SENIOR LADIES 4:00 +/- 10 sec *means element is required	 Max 7 Jump Elements 1 must be an Axel-type jump* Jumps can contain any number of revolutions Of all the triples or quads, only 2 can be executed twice If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence Max 3 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination is allowed Number of jumps in a sequence is not limited 	Max 3 Spins 1 spin combination; with or without change of foot* Min 10 revs All 3 basic positions with min 2 revs in each position for highest base value 1 spin with a flying entry* Min 6 revs 1 spin with only 1 position* Min 6 revs All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 2 Sequences One leveled step sequence* Must fully utilize the ice surface One choreographic sequence* Must be clearly visible
SENIOR MEN 4:00 +/- 10 sec *means element is required	 Max 7 Jump Elements 1 must be an Axel-type jump* Jumps can contain any number of revolutions Of all the triples or quads, only 2 can be executed twice If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence Max 3 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination is allowed Number of jumps in a sequence is not limited 	Max 3 Spins 1 spin combination; with or without change of foot* Min 10 revs All 3 basic positions with min 2 revs in each position for highest base value 1 spin with a flying entry* Min 6 revs 1 spin with only 1 position* Min 6 revs All spins may change feet and start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 2 Sequences One leveled step sequence* Must fully utilize the ice surface One choreographic sequence* Must be clearly visible

2018-19 Singles Short Program Requirements – This chart reflects the current rules in place for the 2018-19 season, which begins July 1, 2018. These rules are subject to change by the U.S. Figure Skating Governing Council (May 5-6, 2018) or the ISU (June 4-8, 2018).



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INTERMEDIATE LADIES/MEN 2:10 max.	Single or Double Axel	Double or Triple Jump Immediately preceded by connecting steps May not repeat double Axel or the triple jump used in the combination	Jump Combination Single/Double, Double/Double, Single/Triple, Double/Triple or Triple/triple May not repeat Axel jump or solo jump performed	Spin Only one pos No change of May start with Min. 5 rev	foot all 3 b	With only 1 change of foot different basic positions. Must have basic positions to receive full value. No flying entry Min. 5 revs. each foot Min. 2 revs in pos	I Step Sequence 2. Only Simple Variety r Minimum Variety (7 ation in each direction at least a 1/3 of the btal for each rotational Il be evaluated for the level. sing the ice surface
NOVICE LADIES 2:30 max.	Single or Double Axel	Double or Triple Jump Immediately preceded by connecting steps May not repeat double Axel or either jump in combo	Jump Combination Double/Double, Double/Triple or Triple/Triple May not repeat double Axel or solo jump performed	Sit or 0 No cha No fly	leways Leaning, Camel Spin ange of foot ving entry . 6 revs.	Spin Combination With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 5 revs. each foot Min. 2 revs in pos.	Leveled Step Sequence Fully utilizing the ice surface
NOVICE MEN 2:30 max.	Single or Double Axel	Double or Triple Jump Immediately preceded by connecting steps May not repeat double Axel or either jump in combo	Jump Combination Double/Double, Double/Triple or Triple/Triple May not repeat Double Axel or solo jump performed	With only 1 No chang No	Camel Spin change of foot ge of position flying entry evs. each foot	Spin Combination With only 1 change of foot Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry Min. 5 revs. each foot Min. 2 revs in pos.	Leveled Step Sequence Fully utilizing the ice surface
JUNIOR LADIES 2:40 +/- 10 sec	Double Axel	Double or Triple Flip Immediately preceded by connecting steps or other free skating movements	Jump Combination Double/Double, Double/Triple or Triple/Triple May not repeat Double Axel or solo jump performed	Flying Camel Spin Flying pos. may be different than landing pos. Min. 8 revs.	Layback/ Sideways Leanir or <u>Sit</u> Spin without change foot No flying entry Min. 8 revs.	Min. 2 different basic positions. Must have all 3 basic positions to receive full value. No flying entry	Leveled Step Sequence Fully utilizing the ice surface
JUNIOR MEN 2:40 +/- 10 sec	Double or Triple Axel	Double or Triple Flip Immediately preceded by connecting steps or other free skating movements	Jump Combination Double/Triple or Triple/Triple May not repeat Axel jump or solo jump performed	Flying Camel Spin Flying pos. may be different than landing pos. Min. 8 revs.	Sit Spin With only 1 chang of foot No flying entry Min. 6 revs. eac foot	all 3 basic positions to receive full value.	Leveled Step Sequence Fully utilizing the ice surface
SENIOR LADIES 2:40 +/- 10 sec	Double or Triple Axel	Any Triple Jump Immediately preceded by connecting steps or other free skating movements May not repeat Triple Axel or either jump in combo	Jump Combination Double/Triple or Triple/Triple May not repeat Axel jump or solo jump performed	Flying Spin Landing position different than spin in 1 position Min. 8 revs.	Layback/ Sideways Leaning, Sit or Camel Spin without change foot No flying entry Min. 8 revs.	of All 3 basic positions to receive full value. No flying entry	Leveled Step Sequence Fully utilizing the ice surface
SENIOR MEN 2:40 +/- 10 sec	Double or Triple Axel	Any Triple or Quadruple Jump Immediately preceded by connecting steps or other free skating movements May not repeat Triple Axel or either jump in combo	Jump Combination Double/Triple, Triple/Triple, Quad/Double, or Quad/Triple May not repeat Axel jump or solo jump performed	Flying Spin Landing position different than spin in 1 position Min. 8 revs.	Sit or Camel Spi With only 1 chang of foot No flying entry Min. 6 revs. eac foot	Min. 2 different basic positions. Must have all 3 basic positions to receive full value.	Leveled Step Sequence Fully utilizing the ice surface

ADULT FREE SKATE EVENTS

Adult Free Skate events will be conducted in accordance with the U.S. Figure Skating rulebook. General event parameters:

- Skaters will skate to the music of their choice and vocal music is allowed
- To be skated on full ice
- The minimum number of required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Adult Beginner	Max. 4 jump elements	Max. 2 spins	Connecting moves	Skaters may not
	Jumps limited to bunny hop,	•Two forward upright	and steps should	have passed tests
1:40	mazurka, or ballet	spins, no change of foot,	be demonstrated	higher than U.S.
	Max 1 combination or sequence	no flying entry (Min. 3	throughout the	Figure Skating
Maximum	consisting of only the allowed listed	revolutions)	program	Learn to Skate
	jumps			USA Free Skate
	Max. 2 of any same jump			1 Badge Test
Adult High	Max 4 jump elements:	Max 2 spins:		
Beginner	Jumps limited to bunny hop, mazurka,	•Two upright spins,	Connecting	Skaters may not
	ballet, stag, split, waltz,	change of foot optional,	moves and steps	have passed tests
1:40 Maximum	½ flip	no flying entry (Min. 3	should be	higher than U.S.
	Max 1 combination or sequence	revolutions)	demonstrated	Figure Skating
	consisting of only the allowed listed		throughout the	Learn to Skate
	jumps Max. 2 of any same type jump.		program	USA Free Skate
A -114	Max 4 Jump Elements:	Max 2 Spins:		1 Badge Test
Adult	Jump combinations and sequences are	•Min 3 revs	Commonting	Chakana wa a wa a d
Pre- Bronze	optional, but no more than 2	•Spins with a flying	Connecting	Skaters may not
Bronze	combinations or sequences may be	entry are not	steps	have passed tests
4.40 \ \ 4 =	included	permitted	throughout the	higher than U.S.
1:40 Maximum	1 jump combination/sequence may	permitted	program are	Figure Skating
	consist of three jumps, and the other		required	Adult Pre-Bronze Free Skate
	may have only two jumps.			Free Skale
	Each jump may be repeated only once			
	and only as part of a combination or			
	sequence (maximum of 2 of any jump)			
	Only single and half-revolution jumps			
	are allowed			
	No single Lutz, single Axel or			
	double jumps are allowed			
Adult Bronze	Max 4 Jump Elements:	Max 2 Spins:	Max 1 Sequence:	
	Max 2 combinations or	 Spins must be of 		Skaters may not
1:50	sequences;	different character (for	Choreographic	have passed tests
	1 combination/sequence may consist	definition, see	Step Sequence	higher than U.S.
maximum	of three jumps, and the other may have	U.S. Figure Skating		Figure Skating
	only two jumps	rule 4103 (E))	Must use at	Adult Bronze Free
	Each jump may be repeated only	• Min 3 revs total if no	least ½ ice	Skate
	once, and only as part of a combination	change of foot	surface	
	or sequence (maximum of 2 of any jump)	• Min 3 revs each foot if		
	All single jumps are permitted	change of foot		
	(except single Axel)	• Min 2 revs in each		
	No single Axel, double or triple	position		
	jumps are permitted	No flying spins are		
		permitted		



SINGLES COMPULSORY MOVES

INTRODUCTORY LEVELS COMPULSORY

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards
Beginner	1:15 max.	 Waltz jump ½ jump of choice Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional) Forward or backward spiral
High Beginner	1:15 max.	 Toe loop jump Salchow jump Forward scratch spin - minimum three revolutions Forward or backward spiral

STANDARD COMPULSORY

- No Test Juvenile: Elements skated on ½ ice
- Intermediate Senior: Elements skated on full-ice
- The skater must demonstrate the required elements (performed once only) and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Music is not allowed.
- Skaters may compete at their test level or one level higher.

Level	Time	Skating rules/standards
		Loop jump
No-Test	1:15 max.	 Jump combination to include a toe loop (may not use a loop or Axel)
		 Solo spin - sit <u>or</u> camel spin - minimum three revolutions
		 Spiral sequence, must include a forward and backward spiral. Additional
		spirals and balance moves may be included.
		Toe Loop jump
Pre-	1:15 max.	 Jump combination: single/single (no Axel)
Preliminary		 Sit spin or camel spin - minimum three revolutions
		 Spiral sequence with one forward spiral and one backward spiral (any
		edge)
		Single Lutz
Preliminary	1:15 max.	 Jump combination: single/single (may include Axel)
		 Back upright spin - minimum three revolutions
		Forward inside spiral



		•	Single jump (may include Axel)
Pre – Juvenile	1:15 max.		Jump combination: single/single (may include Axel)
The saverine	1113 11107.		Layback spin or camel spin - minimum three revolutions
		•	•
		•	Step sequence - circular
		•	Single Axel
Juvenile &	1:15 max.	•	Jump combination: single/single or double/single
Open Juv.		•	Layback spin or camel spin - minimum three revolutions
		•	Step sequence – circular
		•	Double Salchow or double toe loop
Intermediate	1:30 max.	•	Jump combination: single/single or double/single
		•	Flying spin, minimum five revolutions
		•	Step sequence – straight line
		•	Double loop
Novice	1:30 max.	•	Jump combination: double/single or double/double
		•	Flying spin - minimum five revolutions
		•	Step sequence – straight line
		•	Double flip
Junior	1:30 max.	•	Jump combination: double/double or triple/double
		•	Combination spin - minimum 10 revolutions
		•	Step sequence – straight line
		•	Double Lutz
Senior	1:30 max.	•	Jump combination: double/double or triple/double
		•	Combination spin - minimum 10 revolutions
		•	Step sequence – straight line

ADULT COMPULSORY

- Introductory to Silver: Elements skated on ½ ice
- Gold/Masters: Elements skated on full-ice
- Elements may be performed only once
- Music is not allowed
- Minimum number of revolutions is noted in parentheses

Level	Time	Elements
Adult Beginner	1:30 MAX	 Bunny hop or mazurka Forward beginning one-foot spin from backward crossovers (min 2 revs) Forward moving inside open Mohawk (right and left) – heel to instep Alternating right and left forward outside edges across the width of the ice Alternating right and left forward inside edges across the width of the ice Backward moving outside 3-turn right and left
Adult High Beginner	1:30 MAX	 Waltz Jump ½ Flip Alternating right and left backward outside edges across the width of the ice Alternating right and left backward inside edges across the width of the ice Backward moving inside 3-turn right and left



Adult Pre-Bronze	1:30 MAX	 Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise Jump combination or sequence consisting of only ½ revolution jumps (half loop is considered a full revolution jump) – maximum of 2 jumps in a combination and 3 jumps in a sequence Forward upright spin (Min. 3 revolutions) Forward spiral (any edge)
Adult Bronze	1:30 MAX	 Single Salchow Waltz jump – toe loop combination jump Backward Upright Spin – entry optional (Min. 3 revolutions) Spiral sequence (Min. 2 spirals)
Adult Silver	1:30 MAX	 Single loop Single/single jump combination Sit spin (Min. 3 revolutions) Straight line step sequence
Adult Gold	1:30 MAX	 Single Lutz or Axel Single/single or single/double jump combination Camel spin (Min. 4 revolutions) Straight line step sequence
Masters Intermediate/Novice	1:30 MAX	 Axel, double Salchow, double toe loop or double loop Jump combination (double/double, single/double or double/single) that may include double Salchow, double toe loop or double loop and any single jump including Axel Solo spin of skater's choice (Min. 6 revolutions) Straight line step sequence
Masters Junior/Senior	1:30 MAX	 Choice of any double jump Jump combination that may include any double jump Solo spin of skater's choice (Min. 8 revolutions) Straight line step sequence

SINGLES JUMPS CHALLENGE

- Each jump may be attempted twice; the best attempt will be counted.
 Pre-juvenile and lower will be skated ½ ice; Juvenile senior will be skated on full ice
- Jumps with an "*" must be preceded with connecting steps (intermediate senior)

Level	Time	Skating rules / standards
		Waltz jump (from backward crossovers)
Beginner	1:15 max.	• ½ flip or ½ Lutz
		Single Salchow
		Waltz jump (from backward crossovers)
High	1:15 max.	Single Salchow
Beginner		Jump combination – waltz jump-toe loop
		Single toe loop
No-Test	1:15 max.	Single loop
		Jump combination − Any two ½ or single revolution jumps (no Axel)



		Single toe loop
Pre –	1:15 max.	Single flip
Preliminary		 Jump combination - Any two ½ or single revolution jumps (no Axel)
		Single flip
Preliminary	1:15 max.	Single Lutz
		 Jump combination – Any single jump + single loop (may be Axel)
		Single Axel
Pre –	1:15 max.	Single or double jump
Juvenile		Jump combination – single/single (no Axel)
		Single Axel
Juvenile &	1:15 max.	Double Salchow
Open Juv.		 Jump combination – single/single or double/single (no Axel)
		Single Axel
Intermediate	1:30 max.	Double loop*
		Jump combination – double/single (no Axel)
		Double loop
Novice	1:30 max.	Double flip*
		 Jump combination – double/double (may be double Axel)
		Choice of double or triple jump
Junior	1:30 max.	Double or triple flip*
		Jump combination – double/double (may be double Axel)
		Choice of double or triple jump
Senior	1:30 max.	Double or triple Lutz*
		Jump combination – double/double or triple/double (may be double Axel)

ADULT JUMP CHALLENGE

- Each jump may be attempted twice; the best attempt will be counted.
- Adult silver and lower will be skated ½ ice; adult gold masters junior/senior will be skated on full ice
- Jumps with an "*" must be preceded with connecting steps (intermediate senior)

Level	Time	Elements
Adult Beginner	1:00	Bunny HopMazurka or ballet jump
Adult Pre-Bronze	1;00	 Waltz or toe loop jump ½ flip, ½ Lutz or ½ loop
Adult Bronze	1:00	 Single Salchow Single toe loop Any single jump + single toe loop combination (No Axels allowed)
Adult Silver	1:15	 Single flip Single loop Single/single combination (Axel is permitted)
Adult Gold	1:15	 Single Axel Single Lutz Single/single or single/double jump combination (may include any single jump, double toe loop or double Salchow)



Masters Intermediate/Novice	1:30	 Axel Double Salchow, double toe loop or double loop Jump combination (double/double, single/double or double/single) that may include double Salchow, double toe loop or double loop and any single jump including Axel
Masters Junior/Senior	1:30	 Double loop or double flip Double Lutz Jump combination that may include any double jump

SINGLES SPINS CHALLENGE

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
High Beginner	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
No-Test	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
Pre – Preliminary	1:30 max.	 Upright one-foot spin (3) Upright back scratch spin (3) Sit spin (3)
Preliminary	1:30 max.	 Forward scratch to back scratch spin (3) Combination spin with no change of foot (4) Sit spin (3)
Pre – Juvenile	1:30 max.	 Camel spin (3) Combination spin – camel to sit spin; no change of foot (6) Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv.	1:30 max.	 Sit spin (4) Combination spin – with change of foot; optional change of position (4 per foot) Girls – layback spin (4); Boys – camel spin (4)
Intermediate	1:30 max.	 Flying camel spin (5) Sit spin to backward sit spin (4 per foot) Combination spin – change of foot & change of position (4 per foot)
Novice	1:30 max.	 Choice of camel, sit or layback spin (6) Camel spin to backward camel spin (4 per foot in position) Combination spin – change of foot & two changes of position (2 per position & 5 per foot)



Junior	1:30 max.	 Flying sit spin or flying reverse sit spin (6) Solo spin of choice (6) – may not fly Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)
Senior	1:30 max.	 Flying spin of choice (6) Solo spin of choice (6) – may not fly Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)

ADULT SPIN EVENTS

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Adult Beginner	1:15	 Pivot Two-foot upright spin (2)
Adult Pre-Bronze	1:15	 One-foot upright spin (3) Two-foot upright spin (3)
Adult Bronze	1:15	 One-foot upright spin (4) One-foot back spin (3) Sit spin (3)
Adult Silver	1:30	 Camel spin (3) Layback, sideways leaning or sit spin (4) Combination spin with at least one change of position, no change of foot (3 in each position)
Adult Gold	1:30	 Solo spin, no change of foot (4) Second solo spin, different from the first; change of foot optional (4) Combination spin with only one change of foot and at least one change of position (4 each foot)
Masters Intermediate/Novice	1:30	 Solo spin of skater's choice (Min. 6 revolutions) Second solo spin, different from the first; change of foot optional (4) May have a flying entry Combination spin that may have more than one change of foot and at least one change of position (4 each foot)



PAIRS FREE SKATE EVENTS

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Prejuvenile free skate program Rule 5250
- B. Juvenile free skate program Rule 5240
- C. Intermediate free skate program Rule 5230
- D. Novice free skate program Rule 5220
- E. Junior free skate program Rule 5210
- F. Senior free skate program Rule 5200

PAIRS SHORT PROGRAM EVENTS

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Intermediate short program Rule 5230
- B. Novice short program Rule 5220
- C. Junior short program Rule 5210
- D. Senior short program Rule 5200

ADULT PAIRS FREE SKATE EVENTS

Adult Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Masters Rule 5520
- B. Adult Gold Rule 5530
- C. Adult Silver Rule 5540
- D Adult Bronze Rule 5550
- E. Centennial Rule 5560



SOLO DANCE EVENTS (NON-SOLO DANCE SERIES EVENTS)

General event parameters:

- Levels are based upon the skaters' highest pattern dance test passed.
- A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
- Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

Level		
Preliminary	1.	Rhythm Blues
-	2.	Dutch Waltz
Pre-bronze	1.	Fiesta Tango
	2.	Swing
Bronze	1.	Ten Fox
	2.	Hickory Hoedown
Pre-silver	1.	Foxtrot
	2.	Fourteenstep
Silver	1.	Rocker Foxtrot
	2.	American Waltz
Pre-gold	1.	Paso Doble
	2.	Starlight Waltz
Gold	1.	Westminster Waltz
	2.	Quickstep

PATTERN DANCE (PARTNERED)

Please refer to U.S. Figure Skating rulebook for details.

Event	
Novice	ARGENTINE TANGO
	QUICKSTEP
Intermediate	TANGO
	FOURTEENSTEP
Juvenile	FOXTROT
	CHA CHA
Pre-Juvenile	DUTCH WALTZ
Initial Round	CHA CHA
Pre-Juvenile	RHYTHM BLUES
Final Round	FIESTA TANGO
Adult Event	
Adult Gold	PASO DOBLE
	WESTMINSTER WALTZ
Adult Pre-Gold	ROCKER FOXTROT
	KILIAN
Masters Open	WESTMINSTER WALTZ
	RHUMBA
Adult Silver	EUROPEAN WALTZ
Initial Round	FOURTEENSTEP
Final Round	TANGO



Adult Pre-Silver	WILLOW WALTZ
Initial Round	HICKORY HOEDOWN
Final Round	FOXTROT
Adult Bronze	CHA CHA
Initial Round	TEN-FOX
Final Round	HICKORY HOEDOWN
Adult Pre-Bronze	DUTCH WALTZ
Initial Round	RHYTHM BLUES
Final Round	FIESTA TANGO
Adult Centennial	FOURTEENSTEP
Initial Round	AMERICAN WALTZ
Final Round	ROCKER FOXTROT

SHORT DANCE (PARTNERED)

Please refer to U.S. Figure Skating rulebook for details.

A. Junior - Rule 6210

B. Senior - Rule 6200

FREE DANCE (PARTNERED)

Please refer to U.S. Figure Skating rulebook for details.

A. Juvenile - Rule 6240

B. Intermediate - Rule 6230

C. Novice - Rule 6220

D. Junior - Rule 6210

E. Senior-Rule 6200

PRO-AM DANCE

- Dance teams will consist of one eligible skater partnered by a coach.
- A coach is defined as a person (eligible or ineligible) who receives direct financial benefit for instructing figure skating, excluding those teaching ONLY group lessons.
- A coach may skate with eligible skaters at different test levels.
- The requirements for ALL dances are OPEN.
- Eligible skaters may participate in as many events as they like.
- Coaches are not limited.
- The number of patterns/sequences to be skated is in parentheses.

Event #	Pattern
1	Rhythm Blues (2)
2	Cha Cha (2)
3	Hickory Hoedown (2)
4	Foxtrot (2)
5	Silver Tango (2)
6	Rocker Foxtrot (2)
7	Blues (2)
8	Starlight Waltz (2)
9	Quickstep (2)
10	Westminster Waltz (2)
11	Silver Samba (2)
12	Rhumba(2)



THEATRE on ICE

Theatre on Ice will be an exhibition event only.

SHOWCASE EVENTS

- 1. Light Entertainment
- 2. Dramatic Entertainment
- 3. Duet

EVENT: Showcase Events - Light Entertainment Events

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery are permitted.

General event parameters:

- Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- The determination of level will be based upon test requirement at the entry deadline.

Current guidelines and procedures for nonqualifying showcase competitions can be found at http://www.usfsa.org, under "Programs" on the National Showcase page.

Light Entertainment Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
No Test (does not qualify for National Showcase)	No Free Skate test passed	Pre-Preliminary Free Skate OR Any Free Dance	No age restriction	1:30 max
Pre-Preliminary (does not qualify for National Showcase)	Pre-Preliminary Free Skate	Preliminary Free Skate OR Any Free Dance	No age restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	3 and under	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max



Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max
Event	Must meet requirements* Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track)	Must not have passed Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher	Age	Time
Adult Pre- Bronze (does not qualify for National Showcase)	Adult Pre-Bronze Free Skate OR Pre-Preiminary Free Skate	Adult Bronze Free Skate Preliminary Free Skate OR Any Free Dance	21 and older	1:40 max
Adult Bronze	Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Pre-Bronze Dance Test (prior to 4/30/17)	Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77)	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate Juvenile Free Skate (prior to 10/1/94) Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77)	Adult Gold Free Skate Juvenile Free Skate (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze Free Dance (prior to 9/2/2000) OR 4th Figure (prior to 10/1/77)	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance OR 3 rd Figure (prior to 10/1//77)	Intermediate FS (on/after 10/1/91) Junior Free Dance Silver Free Dance (Prior to 9/2/2000) OR 5th Figure Test (prior to 10/1/77)	21 and older	1:40 max



Intermediate Free Skate Adult Gold Free Dance Junior Free Dance Silver Free Dance (Prior to 9/2/2000) 3rd Figure Test (prior to 10/1/77) OR 8th Figure Test (10/1/77-9/30/79)

EVENT: Showcase Events - Dramatic Entertainment Events

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions.
- Props and scenery ARE permitted.
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General event parameters:

- Level will be determined by the highest free skate or dance (solo or partnered) test passed, as listed in the table below. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- The determination of level will be based upon test requirement at the entry deadline.

Current guidelines and procedures for nonqualifying showcase competitions can be found at http://www.usfsa.org, under "Programs" on the National Showcase page or http://www.usfsa.org/content/17-18%20Showcase%20Guidelines.pdf

Dramatic Entertainment Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
No Test (does not qualify for National Showcase)	i i	Pre-Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Pre-Preliminary (does not qualify for National Showcase)	Pre-Preliminary Free Skate	Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	3 and under	2:10 max



Teen	Juvenile Free Skate OR	Intermediate Free Skate OR	14-17	2:10 max
	Juvenile Free Dance	Intermediate Free Dance		
Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max
Event	Must meet requirements* Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track)	Must not have passed Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher	Age	Time
Adult Pre- Bronze (does not qualify for National Showcase)	Adult Pre-Bronze Free Skate OR Pre-Preiminary Free Skate	Adult Bronze Free Skate Preliminary Free Skate OR Any Free Dance	21 and older	1:40 max
Adult Bronze	Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Pre-Bronze Dance Test (prior to 4/30/17)	Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77)	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate Juvenile Free Skate (prior to 10/1/94) Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77)	Adult Gold Free Skate Juvenile Free Skate (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze Free Dance (prior to 9/2/2000) OR 4th Figure (prior to 10/1/77)	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance OR 3 rd Figure (prior to 10/1//77)	Intermediate FS (on/after 10/1/91) Junior Free Dance Silver Free Dance (Prior to 9/2/2000) OR 5 th Figure Test (prior to 10/1/77)	21 and older	1:40 max



Masters	Intermediate Free Skate Adult Gold Free Dance Junior Free Dance Silver Free Dance (Prior to 9/2/2000) 3rd Figure Test (prior to 10/1/77) OR 8th Figure Test (10/1/77-9/30/79)		21 and older	1:40 max
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EVENT: Showcase Events - Duet Events

Format:

- Duets are theatrical or artistic performances by any competitors.
- Props and scenery ARE permitted.

General event parameters:

- Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- The determination of level will be based upon test requirement at the entry deadline.

Current guidelines and procedures for nonqualifying showcase competitions can be found at http://www.usfsa.org, under "Programs" on the National Showcase page.

Duet Event Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
No Test	No Free Skate test passed	Pre-Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Pre-Preliminary	Pre-Preliminary Free Skate	Preliminary Free Skate Any Free Dance	No age restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	3 and under	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max



Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max
Event	Must meet requirements* Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track)	Must not have passed Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher	Age	Time
Adult Pre- Bronze	Adult Pre-Bronze Free Skate OR Pre-Preiminary Free Skate	Adult Bronze Free Skate Preliminary Free Skate OR Any Free Dance	21 and older	1:40 max
Adult Bronze	Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Pre-Bronze Dance Test (prior to 4/30/17)	Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77)	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate Juvenile Free Skate (prior to 10/1/94) Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77)	Adult Gold Free Skate Juvenile Free Skate (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze Free Dance (prior to 9/2/2000) OR 4th Figure (prior to 10/1/77)	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance OR 3 rd Figure (prior to 10/1//77)	Intermediate FS (on/after 10/1/91) Junior Free Dance Silver Free Dance (Prior to 9/2/2000) OR 5 th Figure Test (prior to 10/1/77)	21 and older	1:40 max

